

ON-THE-GO MENU

More Flavour Healthier Choice

POWER YOUR WORKDAY
Fresh. Fast. Affordable

T&C's Apply

ONE SMART LIGHT LUNCH

Select one meal and a beverage for **only R99**

ON-THE-GO • Loyalty card available 5 days a week

064 901 7474

7 Minnaar Avenue, Bela-Bela

WHATSAPP YOUR ORDER, BEFORE 11:00 AM.

COLLECTION : 12:00–13:30 PM

*(**V**) - Vegetarian

CRUNCHY WRAPS

BBQ Beef Salad
Grilled Chicken Pesto
Hummus Harvest (V)

GOURMET SALADS

BBQ Beef Bowl
Cajun Chicken & Corn Bowl
Mediterranean Hummus Bowl (V)

TOASTED SOURDOUGH SANDWICHES

Chicken Mayo (Spicy or Not)
Egg, Bacon & Cheese
Ham, Cheese & Tomato

HOT BEVERAGES

(250ml)

Americano
Flat White
Chai Latte
Cappuccino
Rooibos Cappuccino

COLD BEVERAGES

(330ml)

Iced Coffee
Iced Latte
Iced Strawberry Matcha
Homemade Iced Tea
(Cherry/ Ginger/ Mixed Berry/ Passion Fruit /Pomegranate)

Extra* Alternative Milk/Almond/Soy @ R10

SUPER SMOOTHIE @ R99

+ Homemade Nut & Protein bar (25g of Protein)

GREEN MACHINE: (V)

Apple, celery, cucumber, spinach, matcha, spirulina and ginger

PROTEIN ENERGIZER: (V)

Espresso, banana, peanut butter, whey protein, almond milk

TROPICAL GOLDEN GLOW: (V)

Banana, mango, pineapple, turmeric and almond milk

BERRY BLAZE & COLLAGEN: (V)

Blueberries, strawberries, banana, collagen, Greek yoghurt and mint